**AUTISM & ANXIETY**

***COURSE OVERVIEW/OBJECTIVES***

An overview of the relationship between autism and anxiety

Information about signs and symptoms of anxiety and how these may present themselves.

The opportunity to explore different types of anxiety.

How we may recognise anxiety in children and young people.

A range of practical strategies to engage and support children and young people who are experiencing anxiety.

***TARGET AUDIENCE***

SENCo’s, Teachers & Support Staff

***DATE/ TIME & VENUE***

3rd July 2024 – 10am – 12.45pm

Five Acre Wood School, Boughton Lane, Maidstone ME15 9QF

***COST***

£40

***(7 days’ notice of cancellation will be required/non cancellation will incur the full charge)***

***BOOKING***

To book a place on the above training please complete the booking form following the link below.

[Maidstone STLS Training T6 - Booking Form](https://forms.office.com/Pages/ResponsePage.aspx?id=nhh1x0qyo0qgd6C5j47RwyGCLDN0WOJGnO4eU3RB2-NUMVJWNDNJTjRMSFYzWklVNjkyQk1IUVNCRi4u)