

Information Sheet

Transitional Songs:

To support a child with transitions, singing a song is often more effective than just using words.

Each activity should have a different song, with a different melody.

All adults must use the same song at the relevant time.

Sing the transition song when transitioning a child from one activity to another.

For example:

When going outside to the garden, singing to the tune of Frère Jacques:

🎵 “Time for garden, time for garden,
Let’s go now, let’s go now,
Have you got your shoes on, have you got your shoes on,
Garden time, garden time.”



Another example:

When it is lunch time, singing to the tune of Farmers in his Den:

🎵 “Let’s go for lunch,
Let’s go for lunch,
Remember to wash your hands,
Let’s go for lunch.”

