**De-escalation and Positive Behaviour Approaches**

***COURSE OVERVIEW / OBJECTIVES***

This training aims to help give staff the strategies to confidently address challenging behaviour in the classroom. An ethos of understanding and empathy are at the core of this training and you will explore how to reflect and adapt your own behaviours and reactions to best keep everyone safe.

* To give a basic understanding of the different ways to de-escalate behaviours
* To give a basic understanding of how our own behaviours can impact on the situation
* To become familiarised with a range of key strategies to use in the classroom/school

***TARGET AUDIENCE***

SENCos, Teachers, TAs

***DATE / TIME & VENUE***

Thursday 6 February 2025 09.30 – 12.30

STLS Training House, Broomhill Bank School, Broomhill Road,

Rusthall, Tunbridge Wells, Kent TN3 0TB

***COST***

£40 per person

*(7 days’ notice of cancellation will be required/non cancellation will incur the full charge)*



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| **Bookings to be sent to:** Julie Goodfellow Julie.goodfellow@stlsoutreach.org.uk |
| **Training**  | **De-escalation** | **Date** | **06.02.25** |
| **Name** |  | **Role** |  |
| **School / Setting** |  | **Delegate Email** |  |
| **Invoice to: *Name & email address*** |  |